



✉ acullens@goldbergsegalla.com

☎ 716.931.8925

📍 Buffalo

PRACTICES

Workers' Compensation

INDUSTRIES

Professional Employer
Organizations (PEOs)

Allison Cullens

ASSOCIATE

EXPERIENCE

Allison Cullens counsels and defends employers, insurers, and third-party administrators in workers' compensation matters throughout New York. Her background includes handling Social Security Disability matters and drafting discovery demands, litigation plans, and budgets for matters involving insurance coverage, personal injury, and medical malpractice.

HONORS & AWARDS

- Upstate New York *Super Lawyers*, Rising Stars, 2022-25

BACKGROUND

ADMISSIONS

- New York

EDUCATION

- Albany Law School of Union University, J.D., cum laude, 2019
 - *Albany Law Journal of Science & Technology*: Associate Editor,
 - Pro Bono Society: Executive Board Member
 - Albany Law Veterans' Pro Bono Project: Project Director
- University at Buffalo, B.A., cum laude, 2014

PROFESSIONAL AFFILIATIONS

- Risk and Insurance Management Society (RIMS) Upstate NY Chapter
 - Director of Social Media

COMMUNITY INVOLVEMENT

- Leukemia and Lymphoma Society

PUBLICATIONS & EVENTS

WEBINARS

- "Tri-State Treatment Tangle: Workers' Compensation Legal Strategies for IMEs, MMIs, NFTs & Directed Care," (Co-Presenter), October 21, 2025
- "An Analysis of New York Workers' Compensation Injuries in a Work-From-Home Setting," (Co-Presenter), GS Webinar Series, June 3, 2021