



## Allison Cullens

### PARTNER

#### EXPERIENCE

Allison Cullens counsels and defends self-insured employers, insurance carriers, and third-party administrators in litigation before the New York State Workers' Compensation Board. She handles matters from the inception of a claim through resolution – conducting depositions, hearings, trials, appeals, and settlement negotiations. Allison regularly represents major trucking and transportation companies, multi-unit hotel brands, and leading retailers in the grocery and home improvement sectors. For professional employer organizations (PEOs), Allison defends the client against overall liability and supports them in limiting exposure through litigation.

Before joining Goldberg Segalla, Allison handled all aspects of litigation for a wide range of matters, from real estate disputes and disability cases to insurance coverage and medical malpractice defense.

#### HONORS & AWARDS

- Upstate New York *Super Lawyers*, Rising Stars, 2022-25

#### BACKGROUND

#### ADMISSIONS

- New York

#### EDUCATION

- Albany Law School of Union University, J.D., *cum laude*, 2019
  - *Albany Law Journal of Science & Technology*: Associate Editor,
  - Pro Bono Society: Executive Board Member
  - Albany Law Veterans' Pro Bono Project: Project Director
- University at Buffalo, B.A., *cum laude*, 2014

#### PROFESSIONAL AFFILIATIONS

- Risk and Insurance Management Society (RIMS) Upstate NY Chapter
  - Director of Social Media

#### COMMUNITY INVOLVEMENT

- Leukemia and Lymphoma Society

#### PUBLICATIONS & EVENTS

✉ acullens@goldbergsegalla.com

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📍 Buffalo

#### PRACTICES

Workers' Compensation

#### INDUSTRIES

Professional Employer  
Organizations (PEOs)

## Allison Cullens

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### **WEBINARS**

- “Tri-State Treatment Tangle: Workers’ Compensation Legal Strategies for IMEs, MMIs, NFTs & Directed Care,” (Co-Presenter), October 21, 2025
- “An Analysis of New York Workers’ Compensation Injuries in a Work-From-Home Setting,” (Co-Presenter), GS Webinar Series, June 3, 2021