GOLDBERGSEGALLA



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973.681.7077
Newark

PRACTICES

Workers' Compensation

Christopher J. Major

PARTNER

EXPERIENCE

Christopher J. Major is an experienced workers' compensation attorney who counsels and defends employers, insurance carriers and third-party administrators in workers' compensation matters throughout New Jersey and New York. He has been successful litigating claims from date of referral through closure, furnishing detailed legal action plans at case inception, managing court proceedings, deposing treating physicians and IME doctors on issues of causal relationship, medical necessity and permanency, and negotiating settlements and stipulations.

Christopher has prosecuted reimbursement actions on behalf of workers' compensation carriers in New Jersey Superior Courts and New York Supreme Courts in a wide variety of matters including personal injury matters involving premises liability, products liability, New York Labor Law "Scaffold" claims, and general negligence; motor vehicle accident cases under New Jersey's "Verbal Threshold" and New York's "No-Fault" Law; actions against claimants after N.Y. WCL Section 114-a fraud findings; and motions/orders to show cause to enforce settlement agreements and litigants' rights. His subrogation work includes prosecuting claims for intercompany loss transfer, including filing and prosecuting loss transfer arbitration applications before Arbitration Forums, Inc.

Christopher's experience with New York workers' compensation defense extends to litigation of demands from health insurers under the New York State Workers' Compensation Board's Health Insurance Matching Program (HIMP-1), including preparing and serving formal objections, negotiating settlements when warranted, and appearing before the American Arbitration Association.

Christopher has also defended claims under the Longshore & Harbor Workers' Compensation Act, including appearing for conferences and hearings before the U.S. Department of Labor, Office of Workers' Compensation Programs and Office of Administrative Law Judges.

In addition to his extensive workers' compensation practice, Christopher has broad-based experience in civil litigation, insurance defense, personal injury and subrogation matters. He has participated in a number of alternative dispute resolution programs and handled settlement conferences, mediations and arbitrations.

HONORS & AWARDS

- *Best Lawyers in America: Ones to Watch*
  - Workers' Compensation Law – Employers, 2026-27

BACKGROUND

ADMISSIONS

- New Jersey
- New York
- U.S. District Court for the District of New Jersey

GOLDBERGSEGALLA

Christopher J. Major

PARTNER

EDUCATION

- Seton Hall University School of Law, J.D., 2015
  - Chancellor Law Scholarship Recipient
- The College of New Jersey, B.S., 2009
  - Phi Alpha Delta Fraternity, Executive Board, Judicial Chair

PROFESSIONAL AFFILIATIONS

- New Jersey State Bar Association
- New York State Bar Association
- CLM Litigation Management Institute Graduate, CLMP Certification, 2022
- NYSBA Trial Academy Graduate, 2021

LANGUAGES

- Spanish

PUBLICATIONS & PRESENTATIONS

PUBLICATIONS

- "New York Workers' Compensation Risk Transfer Handbook: 2022 Edition," Author, January 6, 2022

PRESENTATIONS

- "Lean into Liens: Workers' Compensation Liens and Preparation for Mediation," New York County ADR, August 5, 2026
- "How to Maximize Subrogation Recovery in New York Workers' Compensation Claims," Client Presentation, July 11, 2025
- "Extra Comp Exposure: Combatting HIMP-1 and No-Fault Claims," New York Self-Insurers Association Spring Workshop, June 6, 2025

WEBINARS

- "Defending HIMP-1 Claims in New York," (Co-Presenter), GS Webinar Series, October 15, 2024
- "How to Maximize Subrogation Recovery in New York Workers' Compensation Claims," (Co-Presenter), GS Webinar Series, September 12, 2024