GOLDBERGSEGALLA



cblitz@goldbergsegalla.com
516.281.9861
Garden City

PRACTICES

Workers' Compensation

Crystal A. Blitz

PARTNER

EXPERIENCE

Crystal A. Blitz is a partner providing a wide range of legal services to employers, insurers, and third-party administrators, maintaining a focus on Workers' Compensation matters. She draws on a skilled background including working in-house at an insurance company negotiating settlements in personal injury cases. Crystal gained valuable experience at a private law firm, where she managed workers' compensation cases, drafted memoranda to the Workers' Compensation Board, and conducted research on complex legal issues.

Additionally, Crystal served as a judicial extern for the late Hon. Judge Wexler in the U.S. District Court for the Eastern District of New York, assisting with jury selection, trial proceedings, and drafting court documents for civil cases. She further enhanced her legal experience as judicial law clerk to the Hon. Judge Nieves in the Superior Court of New Jersey, Middlesex County, where she prepared orders and opinions for criminal court trials. During her clerkship, Crystal was also a court-appointed mediator, facilitating the resolution of small claims and landlord-tenant disputes.

HONORS & AWARDS

- New York Metro *Super Lawyers* Rising Stars, 2025-26

BACKGROUND

ADMISSIONS

- New York
- Florida

EDUCATION

- Touro College Jacob D. Fuchsberg Law Center, J.D., 2017
- Stony Brook University, B.S., 2011