



✉ sworthy@goldbergsegalla.com

☎ 609.986.1379

📍 Princeton

PRACTICES

Employment and Labor

Sabrina S. Worthy

SPECIAL COUNSEL

EXPERIENCE

Sabrina S. Worthy counsels and defends the interests of clients facing employment and labor issues, including discrimination, harassment, retaliation, and wage-and-hour claims. She represents employers in workplace disputes, litigating employment cases in federal and state courts, handling arbitrations, and managing administrative charges before federal, state and city agencies. Sabrina provides preventive and risk-management counsel to employers on hiring, onboarding, discipline, termination, leave, disability, accommodation, non-compete/non-solicitation, benefits, and executive compensation. She has extensive experience drafting employment policies, employment agreements, and multi-jurisdictional employee handbooks.

Having served for more than eight years as an in-house employment counsel as well as in private practice, Sabrina's experience has given her an in-depth understanding of the challenges faced by today's employers along with a heightened ability to offer her clients solutions that are practical, effective, and cost efficient.

HONORS & AWARDS

- Top 40 Under 40, New Jersey, National Black Lawyers, 2019, 2024

BACKGROUND

ADMISSIONS

- New Jersey
- New York
- U.S. District Court for the District of New Jersey
- U.S. District Court for the Eastern District of New York

EDUCATION

- Seton Hall University School of Law, J.D., 2016
 - Corporate Law Society, Vice President
 - Black Law Students' Association, Treasurer
- Rutgers University, B.A., 2011
 - Chi Alpha Epsilon National Honor Society, Mu Chapter

PROFESSIONAL AFFILIATIONS

- New Jersey State Bar Association
- New York City Bar Association

COMMUNITY INVOLVEMENT

Sabrina S. Worthy

SPECIAL COUNSEL

- Rutgers University Alumni Association, Board Member, 2020-23
- District of New Jersey Re-Entry Program, 2019